

**HOMESTEAD HULLER** 

**OWNER'S MANUAL** 





# THERE WAS A TIME

There was a time when time wasn't such a bother. When right and wrong were distinguishable. When we did things the right way not because it was trendy or artisanal or in vogue. But because it was the right way. We needed no reason other than that. It was the right way. And the right way made food taste better. Made machines run smoother. Made buildings stand stronger. Made clothing more durable. And made people more accountable. The right way.

It took a little more time perhaps. It took more effort. It might have even demanded a bit of backbone. But it was the right way, and so it was right.

Then the world decided to cut corners. To make it faster. To make it cheaper. To sacrifice quality and character and virtue for speed. For efficiency. For a price. Suddenly, a loaf of bread could last a month while a car couldn't. Suddenly, marriages lasted a year while grudges persisted forever. Pens, razors, relationships, everything became disposable. Nothing lasted anymore. And to us, that was not the right way. And never would be.

So we started GrainMaker. It was our way of saying, enough. Our way of declaring war on corner cutters

and efficiency experts and all those consultants who brought us faster, cheaper, tasteless products. It was our little contribution to stopping the madness. But more than that. It was the right way to do it.

It was the right way to build a machine. To make bread. To craft foods in a way that was better for our hearts. And better for our souls. It was our way of getting back in touch with the earth. Of getting the most out of what we've been given. Of realizing that fulfillment is a greater virtue than fast. Of understanding that life goes by so quickly that it makes more sense to slow things down than to rush them along. That's the right way.

And we make GrainMaker in the right place. In America. But not just in America. In Montana. That part of America that has no use for anything dainty or darling or fragile. In Montana. Where strength of character meets strength of purpose, and where's there's precious little time for anything too precious. And that's why we do what we do the way we do it. And when you do things the right way, you don't look to change. You look to change those who don't.

GRAINMAKER. WE'LL NEVER CHANGE.

# INSTRUCTIONS

After removing the front grinding burr, place the huller disk on the mill and tighten the adjustment knob just enough to hold the huller burr in place.

Adjust the spacing between the stationary burr and the huller disk. This spacing will vary depending on the grain. At first it may take some experimentation to determine the proper distance between the plates. The objective is to achieve a spacing that will crack the hulls from the grain without cracking the grain itself.

You will notice the berries start to "roll out" between the two plates. It may be necessary to use both huller plates.

The Homestead Huller has been used effectively on wheat, spelt and millet, and to some degree on oats provided they were moistened and allowed to rest.

Never operate your GrainMaker<sup>®</sup> mill or Homestead Huller without the Hopper Safety Guard in place.

Never allow children to operate the GrainMaker® mill or Homestead Huller

Your GrainMaker® Homestead Huller is made with removable rubberized pads that will allow them to be replaced when they are wore down.

Your GrainMaker® Homestead Huller will NOT hull buckwheat. Please do not try. Because of the triangular shape, it would tear apart the rubberized pad.

Certain grains like oats need to be moistened and allowed to rest for at least 20 minutes prior to hulling.

Toasting oats in an oven prior to hulling helps to loosen the hulls.

**HINT:** Place a fan next to your bowl to allow the lighter weight chaff to blow off - this is best done outside.

THE MILL SHOULD NEVER BE OPERATED WITHOUT PROTECTIVE FINGER GUARD IN PLACE. CONSUMER ASSUMES ALL RISK AND RESPONSIBILITY.

PLEASE CALL 1-406-777-7096 OR 1-855-777-7096 IF YOU HAVE ANY QUESTIONS.



### **USING WHOLE GRAINS**

The quality of the product you make is never any better than the raw material you start with. Always buy the highest quality grains and seeds you can afford. Remember to use grains with low moisture and high protein content for the best results.

**WHEAT:** Six classes bring order to about 30,000 varieties of wheat. They include: Hard Red Winter, Hard Red Spring, Hard White, Soft White and Durum. White Wheat does not make white flour as purchased in stores. You should purchase food grade, Non-GMO and chemical free wheat.

**PRAIRIE GOLD:** This is a hard-white spring wheat. It contains 15-17% protein and 9.5-10% moisture content.

**BRONZE CHIEF:** This is a hard-red spring wheat. It contains 15-17% protein and 9.5-10% moisture content.

**KAMUT KHURASAN:** An an ancient heritage grain with a buttery rich, nutty flavor. It is higher in protein, essential lipids and amino acids and lower in gluten. It is sometimes called "Egyptian Wheat".

**SPELT:** Another ancient grain that is a cousin to wheat. It does contain gluten, but does not seem to cause sensitivities in many people who are intolerant of wheat.

**HINT:** Whole grain breads are more likely to turn out well with extras such as dough enhancer or oatmeal. Water for dissolving yeast should not exceed 125 degrees. Whole grain breads should rise to just vary double in size; if they rise too long they will collapse in the oven.

**BARLEY, BUCKWHEAT, QUINDA AND MILLET:** These are other grains you may consider grinding and adding to your recipes. Buckwheat and Millet do not contain gluten.

**FLAXSEED:** One of the best sources of omega-3 fatty acids, which is beneficial in reducing cholesterol and lowering the risk of stroke and heart disease and about 1/3 of the fiber in flax is soluble and 2/3s is insoluble, which is an important component in aiding digestion. Flaxseed is the best source of lignin, which may play a role in fighting certain types of cancer.

**RYE:** It contains gluten, but it is much lower than that of wheat. It is an excellent source of dietary fiber as well as vitamin E, calcium, iron, thiamin, phosphorus and potassium. Rye breads are usually made with at least half wheat flour.

**DAT GRUATS:** One of the most nutritious grains and a good source of the soluble fiber beta glucan, which helps decrease cholesterol in the blood. Oats may contain gluten and there is some debate in this area. Oat flour helps bread to rise properly.



**EDRN:** A good source of vitamin A, manganese and potassium. Popcorn makes "the best cornmeal/flour" according to many folks because it is very dry and hard. You can use either auger when grinding popcorn.

**BEANS:** Bean flour makes a great gluten-free substitute. Adding bean flour to wheat flour helps to aid in digestion and should be started slowly, working up to a 4/1 ratio. Be sure to use the GrainBreaker auger for beans.

**NUTS:** Make your own nut butters! Use fresh, salted or unsalted nuts that have been lightly toasted in a warm oven being sure you are using your GrainBreaker auger. Lightly toasting the nuts in a warm oven helps

soften the natural oils in the nuts which allows the mill to produce nut butters faster and with more ease.

**COFFEE:** Using the GrainBreaker auger you can make any type grind for the way you like to brew coffee.

**RICE:** Worldwide there are more than 40,000 varieties of rice. Rice flour is also used as a thickening agent in recipes that are refrigerated or frozen since it inhibits liquid separation.

These are just some of the many items being ground in the GrainMaker Mill. You may choose to grind dehydrated tomatoes, potatoes and other vegetables. We would love to hear about what you are grinding!

# **BONNIE'S RECIPES**

#### **BONNIE'S MAGNIFICENT MUFFINS**

1 1/2 Cup Hard White Wheat\*

1/2 CUp Chopped Nuts

1 1/2 Cup Soft White Wheat

1/4 Cup Coconut

1/2 Cup Oatmeal (not instant)

1/2 Cup Raisins

1 1/4 Cup Packed Brown Sugar

3 Eggs

2 tsp. Baking Soda

1 Cup Oil

2 tsp. Cinnamon

1 tsp. Vanilla

1/4 tsp. Salt

2 1/2 (1/2 lb.) Grated Carrots

1 1/2 (1/2 lb.) Grated Apples

Preheat oven to 400° and grease pans for 12 to 15 muffins. Be sure to grease rims, as tins will be filled to overflowing. Combine flours and oats. Add sugar, baking soda, cinnamon, salt, nuts, coconut and raisins. Mix thoroughly.

In a mixing bowl, beat eggs oil and vanilla together until creamy and smooth. By hand, add grated carrots and apples and stir until well coated.

Combine dry ingredients with wet ingredients and mix lightly. Batter will be very thick. Fill muffin tins to overflowing - this is VERY important for the final result. Bake in 400° oven for 35 minutes or until the center of the muffin feels firm when touched gently with a finger. Allow muffins to cool for five minutes before removing from tins. Serve immediately or keep in an open container for a day. May be wrapped individually in plastic wrap and frozen. ENJOY!



### HONEY DATMEAL BREAD

1 1/2 Cup Hard White Wheat\*
1/2 Cup Chopped Nuts
1 1/2 Cup Soft White Wheat 1/4 Cup Coconut
1/2 Cup Oatmeal (not instant) 1/2 Cup Raisins
1 1/4 Cup Packed Brown Sugar 3 Eggs
2 tsp. Baking Soda 1 Cup Oil
2 tsp. Cinnamon 1 tsp. Vanilla
1/4 tsp. Salt 2 1/2 (1/2 lb.) Grated Carrots
1 1/2 (1/2 lb.) Grated Apples

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ENJOY!



## HEIRLOOM GUARANTEE

Wild West Machine LLC. guarantees this GrainMaker mill to be free from defects in materials and workmanship under normal household use and conditions for a Lifetime. This Lifetime Heirloom Guarantee covers all parts including the burrs and excluding the finish. This Heirloom Guarantee is void if the mill is used commercially, or in any way other than recommended.

Wild West Machine LLC. will repair, or at its discretion, replace the mill or mill parts free of charge less shipping if in the opinion of the company it has been proven that the problem is related to defective parts or an error in workmanship.

**MUNEY-BACK GUARANTEE:** Your mill comes with a 30-day money-back guarantee. Contact Wild West Machine LLC. immediately to arrange return and full refund of purchase price less shipping if you are not satisfied with your purchase. Mill must be securely packaged and returned in new condition.

**REGISTRATION:** The Lifetime Heirloom Guarantee registration card must be completed and mailed to Wild West Machine LLC., PO Box 130, Stevensville, MT 59870, within 60 days of receipt of merchandise. This proof of purchase must be on file with the company when requesting Guarantee service. If you purchase a mill without a Lifetime Heirloom Guarantee card, please contact Wild West Machine LLC.

**SHIPPING DAMAGE:** Damage due to shipping should be reported immediately to Wild West Machine LLC. Limitations: The Lifetime Heirloom Guarantee is void if the product is used for any other purpose than that for which it is designed or intended. The product must not be altered, repaired or serviced by anyone other than Wild West Machine LLC. The product must not have been subject to accident or damage in transit, or while in the owner's possession misused, abused or operated contrary to the instructions contained in the instruction manual. This Lifetime Heirloom Guarantee is valid in all countries. The consumer will pay postage for repairs.

**EXPRESSED OR IMPLIED WARRANTIES:** Except to the extent prohibited by law, no other warranties whether expressed or implied, including warranty merchantability and fitness for a particular purpose, shall apply to this product. Under no circumstances shall Wild West Machine LLC. be liable for consequential damages sustained in connection with said product. Wild West Machine LLC. neither assumes nor authorizes any representative or other person to assume for it any obligation or liability other than such as is expressly set forth. This Lifetime Heirloom Guarantee covers only the GrainMaker and its specific parts, not the food or other products processed in it.

Heirloom Guarantee No.:
Authorized by:
Date:

Wild West Machine LLC. PO Box 130 Stevensville, MT 59870 Phone: 406-777-7096 Toll-Free 1-855-777-7096 GrainMaker.com sales@grainmaker.com



PROUDLY MADE IN STEVENSVILLE, MONTANA